

Reg. No: 08BBS6/PTV/2024/477

Date: 13/08/24

LIST OF STUDENTS UNDER TAKING RESEARCH PROJECT

ACADEMIC SESSION: 2019-2024, INTERNSHIP PERIOD STARTS FROM 2023-2024 (6 Months)

UNIVERSITY INSTITUTE OF SCIENCES

DEPARTMENT OF LIFE SCIENCES & ALLIED HEALTH SCIENCES

DISCIPLINE OF PHYSIOTHERAPY

S.No	Programme Code	Registration No.	Student's Name	Project title	Internship Duration	Guide	Place of Internship
1		19044002	Muskan vadhra	A study to compare the effect of resistance training and combined chain exercises on pain and ROM in patients with OA	4 Aug 2023 - 3 Feb 2024	Dr. Mandeep Kaur	Dayanand medical college & Hospital Ludhiana
2		19044007	Khushpreet	The effect of text neck syndrome on the activities of daily living among Dayanand Medical college students	25 Aug 2023-25 Feb 2024	Dr. Aarti Loi	NHS, super speciality Hospital, Jalandhar
3		19044009	Simran bains	To study the effect of postoperative rehabilitation for improving shoulder joint ROM, Muscle strength, function and reducing pain after mastectomy	9 Aug 2023 - 8 Feb 2024	Dr. Mandeep Kaur	Apex hospital and maternity home, Jalandhar
4		19044010	Lovely janneet	To study the effect of pilates matre exercises in runners and non- runners with Low back pain	4 Aug 2023 - 8 Feb 2024	Dr. Jares Sabotra	Dayanand medical college & Hospital Ludhiana
5		19044013	Eshika	A Study to compare the effect of Muscle energy technique and DTFM on Pain, disability and ROM in Patients with chronic upper trapezius	4 Aug 2023 - 3 Feb 2024	Dr. Aarti Loi	Shalby Mult speciality hospital mohali
6		19044014	Mandeep kaur	Prevalance of dysmenorrhea and its colcalation with dietary habits physical activities and sleep quality among university	13 Aug 2023 - 14 Feb 2024	Dr. Armandeep kaur	Ankur matrnka multi-speciality hospital jammu
7		19044015	Pankaj kumar	to study the prevalence of low back pain in health care professionals at apex hospital jalandhar	22 Aug 2023 -21 Feb 2024	Dr. Armandeep kaur	Apex hospital and maternity home, Jalandhar
8		19044016	Tarandeep kaur	A Study to compare the effect of DTFM and Myofacial release (Foam Rolling) on painm ROM and disability in mechanical neck pain	4 Aug 2023 - 3 Feb 2024	Dr. Armandeep kaur	Dayanand medical college & Hospital Ludhiana
9		19044018	Varsha Rana	Prevalance of neck pain, dibility among health care professionals at different hospitals in dist jalandhar	26 Sep 2023 - 25 March 2024	Dr. Jares Sabotra	Apex hospital and maternity home, Jalandhar
10		19044024	Anjali dhiv	To study the effect od dual task training and multi task training on balance and gait among geriatric population	5 Aug 2023- 14 Feb 2024	Dr. Mandeep Kaur	Shreemam multispeciality hospital jalandhar

11	19044016	Somraj Kaur	A study to compare the effect of LASTVA versus cupping therapy on muscular tightness of upper trapezius & neck pain	9 Aug 2023 - 8 Feb 2024	Dr Jaree Sabharia	Apex hospital and maternity home, Jalandhar
12	19044017	Preeti Devi	A study to compare the effect of cervical traction and neural mobilization in cervical radiculopathy	4 Aug 2023 - 3 Feb 2024	Dr Mandeep Kaur	Shalby Multi specialty hospital mehal
13	19044028	Usha	A Study to compare the effects of techniques and foam roller on pain ROM and functional disability in patients with chronic plantar fasciitis	10 Aug 2023 - 19 Feb 2024	Dr Anri Loi	Dry and medical college & Hospital Ludhiana
14	19044029	Urvashi	A study to compare the effect of manual therapy techniques and heat relax technique on pain ROM and disability among patients with chronic frozen shoulder	10 Aug 2023 - 17 Feb 2024	Dr Anri Loi	Dry and medical college & Hospital Ludhiana
15	19044030	Hetal Kumar	A study to compare the effect of hamstring stretching and physical exercise in individuals with sciatica	3 OCT 2023 - 4 April 2024	Dr Anri Loi	Apex hospital and maternity home, Jalandhar
16	19044031	Varsha Kumar	Efficacy of strengthening and strengthening exercises for the treatment of forward head posture	4 Sep 2023 - 1 March 2024	Dr Mandeep Kaur	Apex hospital and maternity home, Jalandhar
17	19044032	Yed preya	prevalence of low back pain among health workers in rural hospital (Gurdial mand)	28 Aug 2023 - 29 Feb 2024	Dr Mandeep Kaur	Civil hospital under apex mand (HPT)
18	19044033	Namrata	To study the prevalence of work related upper limb disorders among house wives	28 Aug 2023 - 29 Feb 2024	Dr Anri Loi	Civil hospital under apex mand (HPT)
19	19044035	Nani Kaur	To study the prevalence of knee pain among patients versus nurses in Jalandhar	28 Aug 2023 - 27 Feb 2024	Dr Jaree Sabharia	Apex hospital and maternity home, Jalandhar
20	19044036	Nand Jeral	To study the prevalence of musculoskeletal disorders among kitchen staff workers	18 Aug 2023 - 17 Feb 2024	Dr Anri Loi	Apex hospital and maternity home, Jalandhar
21	19044038	Manpreet Kaur	To study the effects of pilates exercises versus progressive muscle relaxation techniques on pain functional status and quality of life in women with post menopausal osteoporosis	9 Aug 2023 - 8 Feb 2024	Dr Mandeep Kaur	Apex hospital and maternity home, Jalandhar
22	19044040	Mehal	A Comparison study of multigrain bent leg raise technique versus post isometric relaxation on hamstring tightness in healthy individuals	10 Aug 2023 - 12 Feb 2024	Dr Mandeep Kaur	Dry and medical college & Hospital Ludhiana

DR. DAVID KATIR
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DR. SIMRITA SINGH
DEAN, DPT

13/8/2024